

DIVISION OF BEHAVIORAL HEALTH AND RECOVERY
OFFICE OF PROGRAM SERVICES
PROGRAM PROFILE

Youth Detoxification/Crisis Stabilization Services

Date Of Last Update: January 2010

Who Can I Contact at DBHR For More Information?

Tina Burrell
Youth Treatment Lead
(360) 725-3796, tina.burrell@dshs.wa.gov

Ruth Leonard
At-Risk Youth Coordinator
(360) 725-3742, ruth.leonard@dshs.wa.gov

What Is The Detoxification/Crisis Stabilization Services Program?

Youth detoxification/crisis stabilization services are designed to provide a safe, temporary, protective environment for homeless, at-risk/runaway youth who are experiencing the harmful effects of intoxication and/or withdrawal from alcohol and other drugs. These effects may occur in conjunction with emotional and behavioral crises, and youth may exhibit symptoms of co-existing mental health disorder. Length of stay is 3 to 5 days with stays up to 10 days or more allowed with program manager approval. Direct access and referral to residential chemical dependency treatment is provided for youth that are at highest clinical need. Youth are able to provide consent to treatment on their own. Services are provided at seven sites throughout the state, and are statewide resources, open to any youth that needs services.

Who Is Eligible For This Service?

Those eligible for services are primarily low-income (at or below 220% of the federal poverty level), chemically dependent youth ages 13-18 with mental health symptoms requiring detoxification and stabilization. Youth will be served if clinically appropriate without regard to financial status.

How Many People Are Served During The Biennium?

Approximately 1000 youth are served per biennium.

What Is The Biennial Funding Amount And Source?

DBHR funds approximately 17 beds statewide at seven locations. Total funding per biennium is approximately \$2 million. Primary source of funds is GF-S, although at one site, Medicaid Federal funds are being used for match for youth who are eligible.

DIVISION OF BEHAVIORAL HEALTH AND RECOVERY
OFFICE OF PROGRAM SERVICES
PROGRAM PROFILE

What Would Be The Impact If This Program Was No Longer Available?

These beds serve youth who are in immediate crisis and are on waiting lists for inpatient treatment. Without these crisis services, many of these would not be served, or would end up in more expensive hospital or psychiatric settings, or suffer worse consequences on the street.

What Other Agencies Collaborate With DBHR To Implement This Program?

The Division of Children and Family Services and DBHR collaborate to provide these services.

What Are The Sources For More Data Or Information:

- Tina Burrell, Youth Treatment System Manager, (360) 725-3796, tina.burrell@dshs.wa.gov
- Ruth Leonard, At-Risk Coordinator, (360) 725-3742, ruth.leonard@dshs.wa.gov